



## ARCHIVED WEBINAR:

# *Introduction to Motivational Interviewing and Occupational Therapy*

## Ontario Society of Occupational Therapists

**PRESENTED BY:** Natalie Quick MSc. OT Reg. (Ont.)

Natalie Quick has been practicing as an OT in the area of mental health since 2003 and is a graduate of McMaster University. Natalie is currently working as a manager of a crisis clinic and assessment service in the Access and Transitions program at the Centre for Addiction and Mental Health in Toronto. She has extensive experience in crisis work, motivational interviewing, CBT, concurrent disorders, facilitating groups, assessment and short-term therapy.

### ***This webinar will strive to:***

- Enhance clinicians knowledge of Motivational Interviewing and assist with the development of introductory level skills
- Explore how Motivational Interviewing can be integrated in OT practice in a variety of settings
- Assist OTs with understanding and normalizing ambivalence

Contact the [OSOT office](#) with any questions.

**This webinar is designed for clinicians who are interested in getting acquainted with MI and learning specific basic level MI strategies for working with clients who are struggling with making changes.**



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