



**Canadian Mental
Health Association**
York and South Simcoe
Mental health for all

INTERNAL/EXTERNAL POSTING
Posting Date: December 21, 2018
Closing Date: Until Filled

OCCUPATIONAL THERAPIST

Do you have passion for providing an outstanding client experience? If so, bring your enthusiasm, dedication, and your collaborative spirit to CMHA-York Region and help us deliver innovative and exceptional service!

Closing Date: Until Filled

Permanent, Full-time, 35 Hours per Week, Evening Hours and Weekends may be required

Competition #: 2018110

Our Mission: As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

Our Organizational Values:

- Client and Family Centered – through partnership, accountability and action
- Culturally Competent – to provide the best service and work experience
- Innovation – to bring value to our community

Team Values: Trust, Respect, Teamwork and Communication

Hours of work: 35 hours per week. Evening and weekend hours may be required.

Location: Aurora, York Region

Website: www.cmha-yr.on.ca

Job Profile:

The Occupational Therapist (OT) works with clients to complete assessments in the areas of daily living activities, behaviour and emotion, and where required, motor coordination, sensory and perceptual motor function, and visual perception. Treatment goals are to facilitate skills development and mastery, reduce distress, promote involvement in leisure and recreational opportunities in the community, and promote optimal functioning in activities of daily living, while altering environmental barriers. The OT assists clients to minimize distressing or disruptive feelings and behaviours, build resilience, and attain their goals and aspirations.

The OT facilitates and supports recovery for adults facing mental health challenges through empowerment and respect by providing a range of social, educational, and recreational services. Using a recovery-based approach, the OT assists members to develop and use interpersonal, social, and leadership skills that will optimize their strengths and improve their quality of life, and mental and physical health and well being. The OT assesses client's strengths and needs in the areas of self-care, productivity and leisure and plans and evaluates client goal achievement through both individual and group experiences. The OT collaborates with a range of formal and informal services, refers members to external resources, and may also participate in case conferences and systemic initiatives to improve availability, accessibility, and equity of resources. Other duties as required.

In addition to compliance with all organizational policies and procedures, the incumbent is also expected to behave ethically, demonstrate competence in effective communication and team building, demonstrate effectiveness in working in a collaborative environment, and demonstrate confidence in decision-making and in building relationships. The OT may be assigned to different programs as required based on need.

Requirements:

- Bachelors or Masters degree in Occupational Therapy
- A minimum of two years occupational therapy experience, experience working in community with adults with serious mental illness is preferred
- **Registration and member in good standing with COTO (College of Occupational Therapists of Ontario)**
- Experience in group facilitation.
- A second language (Cantonese, Mandarin, French, Farsi, Italian, Korean, Punjabi, Russian, Tamil, Urdu) reflecting the local community is an asset.
- Strong knowledge of empowerment-oriented case management philosophies and practices
- Advanced assessment, crisis intervention and counseling skills
- Knowledge of systemic issues such as poverty, unemployment, stigma and the isolation felt by individuals with serious mental illness and their families
- Knowledge of the Ontario Mental Health Act, mental health reform principles, the Substitute Decisions Act, the Health Care Consent Act and PHIPA requirements
- Extensive knowledge of supports and services in York Region, including formal and informal resources
- Excellent oral and written communication skills
- Ability to demonstrate computer skills, specifically Microsoft Office and Outlook
- A valid Canadian Full G driver's license, a minimum \$1,000,000 third party liability insurance and proof that insurance covers use of personal vehicle to transport clients
- A satisfactory and current Vulnerable Sector Screening

This position reports to and is supervised by the Manager and currently supports the Flexible Supports program.

Working Conditions:

- Office work, community settings, meetings in clients home and travel with clients

Disclaimer

In keeping with mental health reform, best practices, funding and direction this position may later require knowledge, skills, abilities and working conditions not noted here.

Why work for CMHA York Region?

We are team committed to our vision of mentally healthy people in a healthy society. That means we respect that our clients are the experts in their recovery journey and our role is to provide support, resources and opportunities based on their hopes and dreams. It means that we foster and encourage an entrepreneurial spirit to create, implement and sustain innovative, evidence based and transformational impact. We seek out and build partnerships, collaborate and share knowledge to be the most culturally competent team and fully integrated service delivery partner.

Our team cares for each other. We have our own team values of trust, respect, teamwork and communication. We hold ourselves accountable and we celebrate our wins. Because we risk, we learn and we take the opportunity and time to constantly improve our skills, the way we function as a team and ultimately deliver services. We are a team committed to mental health for all. Join us and be part of providing great care in great communities!

Application Procedures:

If you are interested in this opportunity, please follow the link on this posting or visit our website at www.cmha-yr.on.ca . Complete the application form and submit cover letter and resume together as one (1) document / attachment in the

Resume section, outlining how your experience matches our requirements, to the Human Resources Department quoting Competition # 2018110.

CMHA, York Region Branch supports the recovery of people with mental illness and promotes diversity in the workplace. We welcome people with lived experience, women, aboriginal people, people with disabilities, and members of the 2SLGBTQ+, visible minority and immigrant communities to apply.

To request this posting in an alternate format or to request accommodation in the application process, email: AODA@cmha-yr.on.ca

While we thank all candidates for their interest, only those selected for an interview will be contacted.