In mental health, assessing driving ability is complex due to the fluctuating nature of mental illness, cognitive and psycho-social factors, as well as the impact that medications may have on driving abilities. Screening these factors and understanding their impact presents clinical challenges. The aim of the webinar is to build capacity and confidence in clinicians to address driving in clients with mental health diagnoses. The session will review the development of the SPOT-DS and its applications in clinical practice.
Join our presenters as they discuss:

- The impact of mental health conditions on the IADL of driving
- The development of a screening tool - SPOT-DS
- Incorporating the SPOT-DS into your practice

About our presenters:

Aleksandra Grochulski is a senior OT with 15 years experience. She obtained her BScOT from McGill University and has worked in a number of settings including long term care, geriatrics, and medicine. Her interest in mental health developed while still in school and she has been working in this area since 2006 when she relocated in Saskatoon.

Alicia Carey is an experienced mental health OT with 15+ years of experience with a research interest in driving screening for this population. She completed her BA at the U of S, BScOT at the UofA, and Masters at the UofT. She is the Practice Leader for Occupational Therapy for the Saskatchewan Health Authority in Saskatoon.

Target audience:

- Applicable To Any Level
- Occupational therapists and occupational therapy students who are interested in the unique perspective on driving and mental health

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