



E-Therapy for Occupational Therapists Practicing Psychotherapy: Rationale, current approaches and ethical considerations

A Webinar Presented By:

Carrie Anne Marshall, PhD, OT Reg. (Ont.),
Sandra Carter, OT Reg. (Ont.),
Lisa Brousseau MSW, RSW



Join our presenters as they discuss:

- A rationale for e-therapy in OT and general psychotherapy practice.
- A broad overview of options that can be used to deliver e-therapy (e.g. text, online platforms, apps).
- A discussion about ethical concerns, pros/cons of using e-therapy as opposed to traditional face-to-face models of practice, and the protection of the public

About our presenters:

Carrie-Anne Marshall is Assistant Professor at Western University, in the Occupational Therapy program, as well as the co-chair of the OSOT Psychotherapy Team.

Sandra Carter is the Practice Resource Liaison at the College of Occupational Therapists of Ontario (COTO).

Lisa Brousseau is a mental health clinician with the Cyril and Dorothy, Joel and Jill Reitman Centre for Alzheimer's Support and Training & Outpatient Geriatric Psychiatry Mount Sinai Hospital, Joseph & Wolf Lebovic Health Complex. A social worker by background, Lisa has provided electronic based psychotherapy for the last 2 years through TranQool, a Toronto-based start up company that has been acquired by HumanaCare.

Target audience:

- **Applicable to any level**
- OTs practicing or who are interested in practicing psychotherapy
- OT students who are interested in developing psychotherapy competencies
- Other professionals interested in the use of e-therapy for the provision of psychotherapy

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