



Linked in To Learn
PROFESSIONAL DEVELOPMENT EVENT



Working in and with the Community - Co-Creating Age-Friendly Cities

Presented by:

Caroline Rijkers, MSc. BSc (OT)

Join our presenter as she engages participants to:

- Enhance their understanding of the process of cities becoming age-friendly
- Gain insight into the role of OTs with the transformation to age-friendly cities
- Understand the participatory research method and the involvement of older people in a co-creation process
- Learn from cases from Toronto and Amsterdam

Topic Description:

Older people often play a crucial role in their communities, as they engage in paid and volunteer work, transfer experience and knowledge, and help their families with caring responsibilities. In response to the growing number of older people in cities worldwide and the specific issues arising from this, the World Health Organization proposed the policy framework Age-Friendly Cities and Communities. An age-friendly city encourages active and healthy aging by optimizing opportunities for healthcare, social participation and physical security to enhance the quality of life as people age. Occupational therapists can play an important role in creating age-friendly cities or communities.

Target Audience:

Clinicians interested in or working with older adults in the community as well as researchers interested in participatory research methods and aging.

About our presenter:

Caroline Rijkers obtained a BSc. in OT and an MSc in Social and Cultural Anthropology. After working for 5 years as an OT, she now teaches in the OT department at the Amsterdam University of Applied Sciences. She is a PhD candidate as well, focusing on the participatory process of co-creation of Age-Friendly Cities.

**Please contact the [OSOT Office](#) if you have any questions.*

We hope you enjoy this programming!



[OSOT.on.ca](#) * [OTOntario.ca](#)

OSOT | Copyright © 2017. No reproduction without prior consent of OSOT