

OCCUPATIONAL THERAPISTS HELP MAKE THE EVERYDAY POSSIBLE

Manage at Home



Succeed at School



Adapt at Work



Recover in Hospital



**Participate in
Your Community**



Occupational Therapy (OT) is a regulated health profession that **empowers** people of all ages to overcome health related barriers in their everyday lives so they can **do more** and **live better**.

Occupational therapists help make the everyday possible!

Learn more about OT & Find an OT at
www.OTOntario.ca



Ontario Society of
Occupational Therapists