

Occupational Therapy (OT) is a health profession that **empowers** people of all ages to overcome barriers in their everyday lives so they can **do more** and **live better.**

How can I benefit from OT?

Visit www.OTOntario.ca to learn more Need to Find an OT? Contact www.OTOntario.ca 416-322-3011/877-676-6768







Occupational Therapy (OT) is a health profession that **empowers** people of all ages to overcome barriers in their everyday lives so they can **do more** and **live better.**

How can I benefit from OT?

Visit www.OTOntario.ca to learn more Need to Find an OT? Contact www.OTOntario.ca 416-322-3011/877-676-6768

