

Harpreet Buttar

Director-at-Large

City/Town: Brampton



PERSONAL STATEMENT

My passion for Occupational therapy has grown over the last 2 decades as a result of this impactful profession. I am a clinical lead with 21 years of working experience across the continuum including hospitals, charitable organizations & Community Care. Reflecting back, one word defines my journey: perseverance. Whether in my personal or professional life I have faced situations that require a set focus, hard work and patience to conquer.

I worked for COTA health as an OT consultant, clinical lead for GTA West, and currently serve VHA in the same capacity. As an ambitious individual, I returned to school to augment my skills and knowledge in project management. Driven by the goals to harness technology effectively, accelerate innovation and emphasize equity in care, I exercised the learnt skills to identify, develop & fill system related gaps to support the diverse needs of Ontarians.

As OSOT celebrates a centennial of several notable achievements, many are yet to come! In these unprecedented times of COVID-19, we can strive for Value Creation in areas of forming strategy, creating forums, mentorship, networks and stakeholder leadership by focusing on quality health care. We must be advocates to enlighten importance and advancements in our healthcare system. I strongly believe that my leadership persona can envision, engage and execute collective progression. If given the opportunity to be a board director, I firmly believe that determination, dedication and client-centered service will allow me to modulate a strong voice to support OSOT members and enhance visibility for our valuable profession.

Education

- Sc. Occupational Therapy, Dr. M.G.R. Medical University
- Professional development Units in Project Management - Humber College
- Certification in Choices & changes, Motivational Interviewing
- Certification in Gentle Persuasive Approaches in Dementia Care
- Certification in Lymphedema Management
- Certification in Enhancing Client Experience & Integrating Patient Voice
- Certification in Choices & changes: Motivating Healthy Behaviors
- Learning Essential Approaches to Palliative Care & End-of-Life Care (LEAP) Course
- Beyond Engagement & Leadership Training
- Certification in Model for Collaborative Care & Changing Practice

- Certification in P.I.E.C.E.S - Learning & Development program - Supporting Relationships for Changing Health & Health Care

Professional Experience:

- VHA Home Health Care: OT Clinical Lead, 2009 - Present
- Harpreet Buttar Occupational Therapy Professional Corp: Director, 2006 - Present
- Electronic Medical Record Initiative: Champion, VHA, 2019 - Present
- Music Care Program: Lead, VHA, 2017 - Present
- Responsive Behavior Rapid Response Team: Consultant, VHA, 2018 - Present
- ADP & Equipment Advisory Committee: Member, VHA, 2019 - Present
- Cognitive Impairment Steering Committee: Practice Consultant, VHA, 2017 - 2019
- Accreditation Home Care Standards, Gap Analysis Committee: Member, VHA 2019
- The Registered Nurses Association of Ontario (RNAO): Best Practice Champion, 2018
- COTA Health: OT consultant & Clinical Leader: 2006 - 2009
- Custom Rehabilitation & Assessment Canada: Consultant, 2005 - 2006
- Rehabilitation Centre for Children (RCHC): Manager OT Department, 2002 - 2004
- Jubin Spastic Home & Charitable Trust: Professional Practice Leader, 2000 - 2002

Volunteer Experience:

- Fundraising drive for the Ste. Louis Outreach Centre of Peel. As the pandemic continues to wreak havoc in the community, it was important for me to support people in need who have been affected by the pandemic or other means and to support COVID-19 relief efforts in Brampton, 2021
- Music & Movement Care Program for Seniors - Peel: It has been and continues to be the absolute pleasure of myself to participate in a program that takes place – both in person prior to the pandemic and virtually since the year 2020 came about. Even in the era of social distancing, this program supports diversity and enables wellness through health and recreation, and to be able to make human connections with our most vulnerable members of the community, 2018-Present
- University of Toronto - Provided practical learning experience to OT students, 2020
- Fostering Innovation in Research on Aging - Presented abstract at the health care conference 'Achieving Excellence Together', 2018
- Volunteer for COTO Inquiries, Complaints & Reports Committee (ICRC) - Supervisor for Occupational Therapist, 2013
- Central West Palliative Care Network value stream Analysis - Participated to give input on Occupational Therapy in Palliative care, 2011