

Lu Han

Director-at-Large

City/Town: London, Ontario



PERSONAL STATEMENT

The COVID-19 pandemic has been a sobering test of our nation's resilience. Despite the many challenges, OTs and other healthcare professionals have responded to the unprecedented situation with dedication and commitment. The past two years have marked periods of hope but also dashed optimism. As the pandemic persists, our country recovers from another wave of a virus that has dramatically altered the lives of countless Canadians, OTs, and healthcare workers alike.

We need support and our voices heard as we tread through this unprecedented time together. I promise to be your voice, to listen, and to stand in solidarity with my fellow OT heroes. I have watched the legacy of OSOT directors and board members before me make ripples with change and now, I want to be part of that movement.

In addition to extensive clinical OT experience in the federal and provincial systems, I bring forward educational and social justice experience as an educator to the incoming generations of OTs, as the provincial representative for the New Brunswick Multicultural Council, as an advocate for recuperation of CAF members in the CAF Sexual Assault Support Center, and through my involvement with Occupational Justice for Newcomers Network with CAOT.

Education

- Masters of Science, Occupational Therapy, McGill University, 2014
- Bachelor of Science, Psychology, Dalhousie University, 2012

Professional Experience

- Department of National Defence – 1 Field Artillery Regiment Artillery Office 2006 - 2015
- Nova Scotia Health Authorities – Connections Dartmouth (community mental health outreach) Occupational Therapist 2015 – 2019
- Nova Scotia Health Authorities – Specialty Seating Lab Research Assistant 2018 – 2019
- VHA Home Healthcare – Occupational Therapist 2019 - 2021
- Veterans Affairs Canada – Field Occupational Therapy Service Office 2018 - 2021
- Veterans Affairs Canada – Area Occupational Therapist 2021 – present

Volunteer Experience

Social engagement and volunteering are issues I have always been passionate about, as they offer an opportunity to grow and expand my own professional and personal repertoire. I am acutely aware of my privilege that allows me to offer my skills and assets towards roles and movements I deeply believe in.

- New Brunswick Multicultural Council - Provincial Youth Representation: 2006 - 2012
- Canadian Armed Forces Sexual Assault Support Center - Representative of my local regiment: 2012 - 2015
- Occupational Justice for Newcomers Network (CAOT) - Member: 2016 - present