

**Shiyen Shu**

**President-Elect**

**City/Town:** Mississauga, Ontario



## **PERSONAL STATEMENT**

“The one who plants trees, knowing that he will never sit in their shade, has at least started to understand the meaning of life.” – Rabindranath Tagore

We owe it to our forefathers, the founders of occupational therapy and our future generations of Occupational Therapists to continue to elevate and innovate our profession.

The past two years are hard to fully describe, and I didn't consider running for this position, given my full plate of commitments to work, family, and volunteer duties, until our previous President, Martha Bauer prompted me to do so and reminded me of all that I could offer, that would benefit OSOT.

After giving this decision considerable thought, I feel the role strongly aligns with my passion to take our profession and OSOT to greater heights. Given that OSOT will be undergoing significant changes in policy and strategic planning over the coming years, it is a very exciting time to be able to support this work.

I'm passionate about promoting occupational therapists and occupational therapy and improving the diversity, equity and inclusion within our profession so that we can be stronger together. Healthcare is currently in a period of massive change, which lays the ground for massive opportunities for OTs. In terms of my contribution to the board, the past two years of service on the board have equipped me to see what is going well and what may need to change as we continue to march forward.

In my professional role as an executive coach, I support leaders of large teams and organizations, and facilitate their work with boards and partners, as they continue to grow their organizations. My existing partnerships, strong collaboration skills, strategic business and coaching lens will be of great value to OSOT and our members.

## **Education**

- MSc.OT from University of Toronto
- Hon. BSc (Kin) from McMaster University
- Project Management Professional (PMP)
- Certified Executive Coach
- Certified Visionary Leadership Coach
- Certified Hogan Coach
- Certified LEADS Coach & Facilitator
- Certified Yoga Teacher (CYT)

## **Professional Experience**

- **Founder, CEO & Executive Coach:** I founded Dream Dare Lead Inc., an organization that provides executive coaching and leadership development services. As an executive coach to senior leaders, I help successful people achieve positive lasting changes for themselves, their teams, and organizations. I have been fortunate to support and watch so many leaders attain huge levels of success, in the way that they have truly wanted for themselves.
- **Facilitator:** As a facilitator, I plan and deliver workshops to meet organizational needs and support leaders and their teams.
- **Keynote Speaker:** As a speaker, I've been fortunate to share inspiring messages and ideas with the audience. I've shared the stage with Jack Canfield, co-author of Chicken Soup for the Soul Series.
- **Podcast Host & Creator:** As a podcast host and creator, we've produced a successful series of close to 50 interviews with senior leaders in healthcare in the last year, a feat that I've been told many have found hard to do. The series is titled "Lessons in Leadership and Life"
- **Occupational Therapist, Care Coordinator, Project Manager, Organizational Development and Learning Consultant:** Previously, my experiences have spanned all across the varied healthcare domains ranging from a clinician in acute care at some of Toronto's best hospitals (UHN, Mount Sinai, etc), to community care and the private sector, to administrative leadership roles within the healthcare system. This has given me a diverse perspective of our healthcare continuum, the gaps and opportunities.

## **Volunteer Experience**

- Over the last 2 years, I've had the pleasure of serving on the OSOT Board as a Director, and as the HR Committee Chair.
- I am an Adjunct Lecturer at the University of Toronto and a Mentor to U of T MScOT students.
- I also serve on the Erin Mills Women's Council, where we advocate and support women's empowerment in our community and beyond.
- I was nominated and selected amongst the Top 75 Canadian Immigrants in Canada.