

### Virtual Workshop Schedule | Cognitive Stimulation Therapy (CST)

9:00 am - 9:15 am	Introduction
9:15 am - 9:30 am	Psychosocial Approaches to Dementia
9:30 am - 9:45 am	Small Group Breakout Room Discussion
9:45 am - 10:15 am	Lecture: What Is CST and the Research Behind It?
10:15 am - 10:30 am	Break
10:30 am - 11:15 am	Principles of CST
11:15 am - 12:00 pm	CST Group Sessions
12:00 pm - 12:30 pm	Lunch
12:30 pm - 12:50 pm	Group Session Planning and Monitoring/Program Evaluation
12:50 pm - 1:45 pm	Breakout Rooms for CST Action Planning and Group Session Role Play
1:45 pm - 2:00 pm	Wrap Up