

OSOT Virtual Workshop Agenda | Keeping the Brain Stronger for Longer: Cognitive Stimulation Therapy (CST) | June 14, 2024

10:00 am – 10:15 am	Introduction
10:15 am – 10:30 am	Psychosocial Approaches to Dementia
10:30 am – 11:15 am	CST Intro and Principles
11:15 am – 11:30 am	Break
11:30 am – 12:15 pm	CST Group Sessions
12:15 pm – 12:45 pm	Lunch
12:45 pm – 1:00 pm	Group Session Planning and Monitoring Program Evaluation
1:00 pm – 1:45 pm	Break Out Rooms for CST Action Planning and Group Session Role Play
1:45 pm – 2:00 pm	Wrap Up