

## Virtual Workshop Schedule | Facilitating Positive Behaviours and Activity Engagement for People Living with Dementia

9:00 am - 10:30 am	<ul> <li>Understanding causes and triggers of responsive behaviours (e.g., resistance to care, aggression, or wandering).</li> <li>Effects of the environment, communication style, and internal state on individuals with dementia.</li> <li>Breakout rooms to determine common triggers of responsive behaviours.</li> </ul>
10:30 am - 10:45 am	Break
10:45 am - 12:15 pm	<ul> <li>Group discussion based on scenarios from morning breakout rooms.</li> <li>Common triggers for common responsive behaviours including resistance, aggression, and wandering/exit-seeking.</li> </ul>
12:15 pm - 12:45 pm	Lunch
12:45 pm – 12:55 pm	Product Demonstration from CDS Boutique
12:55 pm - 2:15 pm	<ul> <li>Guidelines for developing strategies for managing responsive behaviours:         <ul> <li>Activity engagement</li> <li>Environmental modification</li> <li>Communication strategies</li> <li>Task adaptation</li> </ul> </li> </ul>
2:15 pm - 2:30 pm	Break
2:30 pm - 4:00 pm	<ul> <li>Practice developing strategies to manage responsive behaviours.</li> <li>Tailoring strategies to address the unique needs of the person with dementia, their care partner, and the environment.</li> <li>Common barriers to strategy implementation.</li> </ul>