



#### 2SLGBTQ Foundations Course Learning Objectives

# Module 1: Concepts and terminology of sexual and gender minority people By the end of this module, you will be able to:

- distinguish between sex, gender, gender identity, gender expression and sexual orientation
- define commonly used terms within the 2SLGBTQ communities that validate the gender identity and sexual orientation of a patient

### Module 2: Beliefs, attitudes and their impacts on 2SLGBTQ people By the end of this module, you will be able to:

- conduct a critical examination about your beliefs and attitudes, list your biases and describe how they influence your attitudes, interactions and decision making
- refrain from making assumptions about a person's sexual orientation or gender identity based on appearance

# Module 3: Barriers to health access for 2SLGBTQ people By the end of this module, you will be able to:

- identify the barriers of 2SLGBTQ communities to equitable health care
- describe and list the reasons for avoidance of health care
- demonstrate sensitivity to the needs of the 2SLGBTQ population
- provide culturally competent care to 2SLGBTQ patients

#### Module 4: Physical needs of sexual and gender minorities By the end of this module, you will be able to:

- identify physical health issues of 2SLGBTQ patients
- provide safer and inclusive spaces for 2SLGBTQ patients
- address the unique health needs of the diverse 2SLGBTQ populations

# Module 5: Mental health needs of 2SLGBTQ people By the end of this module, you will be able to:

- identify emotional and mental health needs of 2SLGBTQ patients
- describe 2SLGBTQ patients' experiences of oppression and the impacts on mental health
- refer patients to appropriate support services if needed

# Module 6: Intersectionality and 2SLGBTQ people By the end of this module, you will be able to:

- identify the various intersections that affect the health of 2SLGBTQ patients
- explain the complexity of the intersections of oppression
- provide inclusive care to 2SLGBTQ patients

# Module 7: Inclusive communications and welcoming services for 2SLGBTQ people By the end of this module, you will be able to:

- build rapport with sexual and gender minority patients
- respond affirmatively during your interactions with 2SLGBTQ patients
- create a safer and more inclusive, welcoming environment for 2SLGBQ patients